Teens and Technology

RAISING CHILDREN IN A VIRTUAL WORLD
TECHNOLOGY FOR SOCIAL USE

Laurie Rich Levinson, Vice Chair

Interim Superintendent Cartwright

Mindfulness Activity

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ON THE AGENDA

1. **Social Media Apps** – The Good

2. **What should parents worry about?** - The Bad

3. **Social Media Through the Eyes of Teens -** Video

4. **What are the potential risks to our students?** - The Ugly Facts of the Matter

-Captain Renee Peterson, BSO
-Sergeant Thomas McInerney, BSO
-Maria Schneider, Assistant State Attorney

5. **Q & A**

6. **Keeping Broward Students Safe –**
-Michael Goldstein, President and CEO LAN Infotech
-Michael Walker, Director School Climate and Discipline
-Kimberly Young, Instructional Facilitator and Prevention and Peer Counseling Coordinator
-Michele Rivera, Curriculum Supervisor Library Media Services

7. **Connect Safely –**
-Kenneth King, Elementary Cadre Director
-Priscilla Ribeiro Basile, Secondary Cadre Director
-Carolyn Sant Angelo, Social & Emotional Learning Specialist

8. **Q & A**

9. **Optimistic Closure**

The Benefits of Technology for Teens: It Isn't All Bad News!

3 Positive Effects of Social Media For Teens:

1. **Creative Expression** -Anyone with a computer — even just a smartphone — can produce and share work online.

2. **Community (and Connection)** - One of the greatest benefits of technology is helping teens to connect with others. Teenagers can find others with shared interests outside their immediate community,

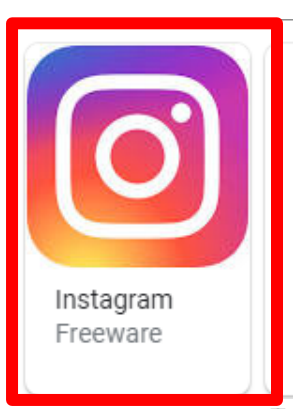
3. **Professional Branding** - teenagers can use LinkedIn, a personal website, and many other services to tell the world who they are. Teens can start their LinkedIn account as young as 13.

Parents/Guardians

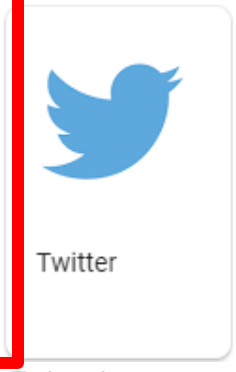
Do you know what these apps are?

Do you know from which apps teenagers should stay away?

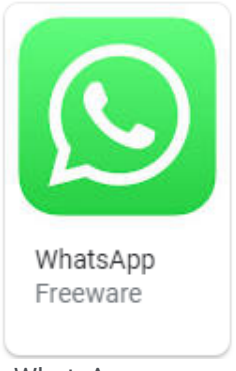
Popular Apps



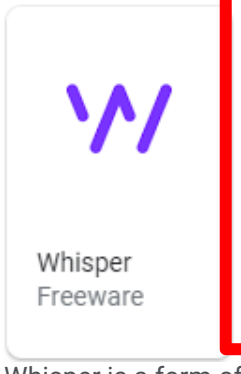
Instagram is an American photo and video sharing social networking service



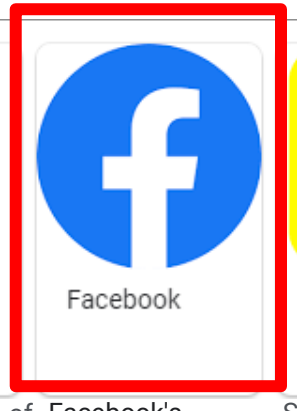
Twitter is an American microblogging and social networking service on which users post and interact with messages known as "tweets".



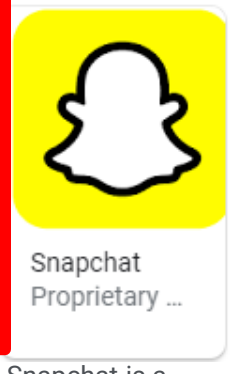
WhatsApp allows users to send text messages and voice messages, make voice and video calls, and share images, documents, user locations, and other content.



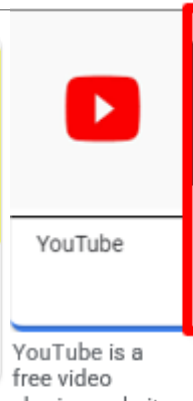
Whisper is a form of anonymous social media, allowing users to post and share photo and video messages anonymously, although this claim has been challenged with privacy concerns over Whisper's handling of user data.



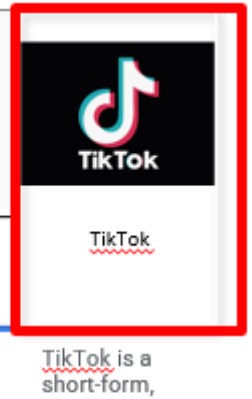
Facebook's mission is to give people the power to build community and bring the world closer together. People use Facebook to stay connected with friends and family, to discover what's going on in the world, and to share and express what matters to them.



Snapchat is a multimedia messaging app. One of the principal features is that pictures and messages are only available for a short time before they become inaccessible to their recipients.



YouTube is a free video sharing website that makes it easy to watch online videos. You can even create and upload your own videos to share with others.



TikTok is a short-form, video-sharing app that allows users to create and share 15-second videos, on any topic.

What do you know about these apps?

Lipsi

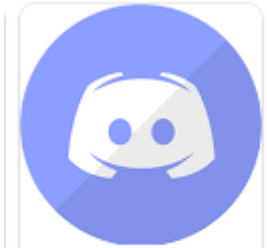
Lipsi is an anonymous feedback app where students can accept anonymous feedback from others. Users create their Lipsi link and add it to their Instagram or Snapchat profiles. Users can send a message anonymously and reveal their identity later.

Tellonym

Tellonym users can receive messages through the platform which are called 'Tells'. Every Tell is sent and received to the recipient's private inbox, which no one else can see. Then, only if a user decides to answer a Tell, the original Tell, and the answer becomes visible to other users.

Houseparty

Houseparty is a social networking service that enables group video chatting through mobile and desktop apps. Users receive a notification when friends are online and available to group video chat.



Discord

Discord is a VoIP, instant messaging and digital distribution platform designed for creating communities. Users communicate with voice calls, video calls, text messaging, media and files in private chats or as part of communities called "servers".

VSCO

The VSCO app allows users to capture photos in the app and edit them, using preset filters and editing tools.

HOLLA

HOLLA is a free, live video-streaming **app** that randomly matches people in video chats across the globe. Like in Tinder, users swipe left or right on other users' profiles to accept or decline live chats with them.

Telegram

Telegram is an online messaging app that works just like popular messaging **apps** Whats App and Facebook Messenger. This means that you can use it to send messages to your friends when connected to Wi-Fi or your mobile data.

Wickr has not one. not two,
but *five* different encryption keys for every message you send. It goes above and beyond limits by not only encrypting the message, but by adding more layers so that the sender knows that the recipient is the only person to decrypt the message.

Social Media Through the Eyes of Teens

THE UGLY FACTS OF THE MATTER

Captain Renee Peterson, BSO
Sergeant Thomas McInerney, BSO
Maria Schneider, Assistant State Attorney

What should parents worry most about?

- Apps that allow anonymous texting that can lead to poor choices and cyberbullying
- Live video apps raise concerns about privacy and the potential for inappropriate content and interaction with predators
- Songs and videos contain lots of “iffy” content
- There are often “creepy” comments and inappropriate sexual references in videos
- Gaining followers and fans feels important
- Posts are often copied and shared
- Talk to your kids about what they post and how a post can spread far and fast
- Leaving a “digital footprint” that follows you forever
- Teens can share personal information, sometimes by accident

Potential risks for our students

Some risks associated with being online are:

- **Child Pornography: Possession, Transmission, Production**
- **Child Sex Trafficking**
- **Sexting**
- **Sextortion**
- **Cyberbullying**
- **Explicit Content**

What You as a Parent Can Do

- Establish rules about what they can share
- Learn about reporting options
- Help them set privacy settings
- Help them create strong passwords (never share)
- Talk about friends lists
- Monitor their online activity

Are there legal consequences to posting online?

- F.S.836.10 Written or Electronic Threats to kill, do bodily injury or conduct a mass shooting
- F.S.790.163 False report concerning planting a bomb, an explosive, or a weapon of mass destruction, or concerning the use of firearms in a violent manner
- F.S.847.0141 Sexting
- F.S.784.049 Sexual Cyberharrassment
- Employment searches

Q & A

Safeguarding Technologies for our Children

Mr. Michael Goldstein, President and CEO LAN Infotech
mgoldstein@laninfotech.com

Safeguarding Technologies for our Children

Cyberbullying – What Kids Can do - https://www.stopbullying.gov/resources/kids

Digital Awareness For Parents - https://www.stopbullying.gov/cyberbullying/digital-awareness for-parents

Parents Guide to:

Instagram - https://www.connectsafely.org/instagram/

SnapChat - https://www.connectsafely.org/instagram/

TikTok - https://www.connectsafely.org/parents-guide-to-tiktok/

Messenger by Facebook - https://www.connectsafely.org/messenger/

Cyber Security - https://www.connectsafely.org/messenger/

Cyberbullying - https://www.connectsafely.org/cyberbullying/
How To Limit Screen Time on Children devices (Apple) - https://youtu.be/ZAXcyGw8Q2Y
How To Limit Screen Time on Children devices (Samsung) - https://youtu.be/50tBkwXLhDU?t=6

Mr. Michael Goldstein
mgoldstein@laninfotech.com

Welcome to

The School Climate & Discipline Department

(formerly Diversity, Prevention & Intervention)

Department goal is to **lead the change** for all students in achieving lifelong academic, behavioral, social and emotional success.

Michael Walker, Director

Kimberly Young, Instructional Facilitator and Prevention and Peer Counseling Coordinator

5 ONLINE DANGERS

1. The permanency of posts,
"Your Post Can Haunt Your Future"

2. The potential embarrassment of posts,
"If you Don't Want Everyone to See, Don't Let Anyone See It"

3. Safety, privacy and predators,
"Don't Be Over-Exposed Online"

4. Acts that are criminal, piracy, and plagiarism,
"Your Post May Be Used Against You"
"What Effects Are Your Posts Having?

5. Cyberbullying,
"If You Wouldn't Say It to Someone's Face, Don't Say It Online"

How to Keep Your Child Safer Online

What the District has done to keep students safe online:

- Created a district-wide Policy 5306 – School and District Technology Usage
- Teach students to use technology safely, responsibly, and effectively with Nearpod's Digital Citizenship and Literacy supplemental curriculum.
- Nearpod partners with Common Sense Education to deliver K – 12 lessons that help students make smart choices online and in life
- Each lesson takes on real challenges and digital dilemmas that students face today
- https://www.commonsense.org/education/digital-citizenship

Digital Citizenship

"The norms of appropriate, responsible behavior with regard to technology use"

Common Sense Education at
https://www.commonsense.org/education/digital-citizenship

- Digital Access
- Digital Commerce
- Digital Communication
- Digital Literacy
- Digital Etiquette
- Digital Law
- Digital Rights & Responsibilities
- Digital Health & Wellness
- Digital Security (Self-protection)

CONNECT SAFELY

Safeguarding Technologies for our Children

https://www.connectsafely.org/

Kenneth King, Cadre Director Elementary Level

Carolyn Sant Angelo, District Social & Emotional Learning Specialist

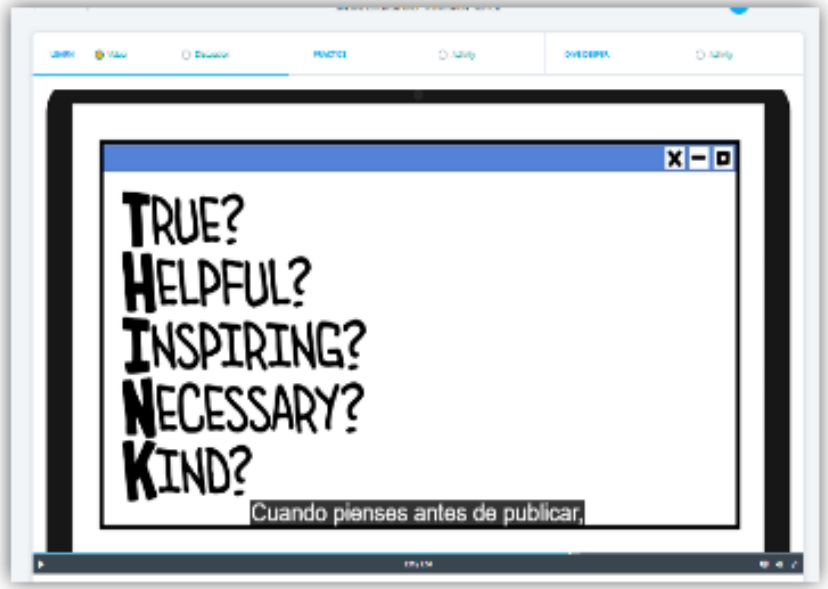
Priscilla Ribiero Basile, Cadre Director Secondary Level

AT WHAT AGE SHOULD KIDS HAVE A CELL PHONE?

Addictiveness of Social Media

- If your child accepts you into their social media world, that does not necessarily mean you know what is going on. It is very easy to create several accounts.
- Don't judge your kids, communicate with them.
- Share consequences in language they can understand – You're grounded. I'll keep your phone 48 hours, versus you might not be able to get a job, you'll get arrested.
- Be observant of angry, brooding, sad, overly quiet behavior.
- Do your best to limit time on social media.

Inner Explorer and RethinkEd Mindfulness Apps



Grade	Title of ReThink Ed Activity
PreK-2nd	Classroom Rules
3rd- 5th	School Safety
6th-8th	No Bullying Zone
9th- 12th	Keeping Safe

Q & A

Closing Mindfulness Practice and Optimistic Closure
Thank you for joining us today!

Superintendent Cartwright
Vice Chair Laurie Rich Levinson
Priscilla Ribeiro Basile
Natalie Beasley
Michael Goldstein
Kenneth King

Sergeant Thomas McInerney
Captain Renee Peterson
Michele Rivera
Carolyn Sant Angelo
Maria Schneider
Michael Walker
Kimberly Young

Parent University Website

https://www.browardschools.com/parentuniversity

Social Media Addiction:

- Social Media Addiction https://www.addictioncenter.com/drugs/social-media-addiction/
- Why is Social Media so Addicting? https://www.healthline.com/health/social-media-addiction#how-is-it-addicting
- Social media addiction: Its impact, mediation, and intervention study at https://cyberpsychology.eu/article/view/11562/10373

Parent Resources:

- Wirecutter: The Best Apps for Managing Your Kid's Phone https://www.nytimes.com/wirecutter/reviews/best-apps-to-manage-your-kids-phone/
- Common Sense Media Digital Slang Cheat Sheet https://www.commonsensemedia.org/sites/default/files/uploads/pdfs/2017_csm_digital-slang-cheat-sheet_2017.pdf

Information about Apps

2019 - The Most Popular Apps for Teenagers: What Hot, What's Not at https://yourteenmag.com/technology/the-most-popular-apps-for-teenagers

2019 - Common Sense Media – 18 Social Media Apps and Sites Kids are Using Right Now https://www.commonsensemedia.org/blog/16-apps-and-websites-kids-are-heading-to-after-facebook

2020 - K 12 Learning Lift Off – Nine Popular Apps for Teens that Parents Should Monitor https://www.learningliftoff.com/nine-popular-apps-for-teens-that-parents-should-monitor/

2021 – A Complete Guide to Potentially Dangerous Apps for Kids https://www.familyeducation.com/mobile-apps/a-complete-guide-to-potentially-dangerous-apps-all-parents-should-be-aware-of